

 SKINCEUTICALS



Post Laser Hair Removal Instructions

- Care should be taken to prevent trauma to the treated area for the first 4-5 days following treatment. It may take weeks for the treated hairs to shed, if necessary you may shave those areas.
- Use of alpha-hydroxy agents, Retin-A, or other exfoliating products are not recommended on the area for approximately 3-5 days or if irritation is present.
- A sunblock of SPF 15 should be worn daily on treated areas exposed to the sun.
- If underarms were treated, avoid deodorant until redness and irritation subsides.
- Avoid hot tubs and saunas, or Jacuzzis until all redness and irritation subsides.
- If the skin is broken or a blister appears, apply Vaseline and call the office.
- Thermal Spring H₂O or Aloe Vera gel or ice packs may be applied to treated area for comfort.
- Make-up can be applied as long as the skin is not broken.
- You may experience some initial redness that normally disappears within two to three hours. Sometimes mild redness and swelling may persist for two to three days after your treatment.
- Localized swelling, dry skin, mild tenderness or whitehead-like bumps are a common side effect that should subside within a few days. If any symptoms persist for longer than one week, please call our office immediately.

If you have any additional questions or concerns, please call our office at (616) 888-3100.